

Hello Parents and Players,

The Field Hockey season is quickly approaching. This email is about keeping everyone informed. We are preparing for an EXCITING and EXPANDED season with two trips to the bay area to play 3 non-league games.

PHYSICAL NIGHT - Wednesday, May 15 at 6:00pm at PVHS, cost \$10. This is the cheapest and easiest way to get your physical. Be proactive and make it a goal to get CLEARED for next season early, ideally before Spring Camp.

SPRING CAMP - Tues, Wed, Thurs, May 28-30 from 3:00-5:00

SUMMER CAMP - Flyer attached. Walk-up Registration is \$140, \$120 if paid before June 6th. Camp is comprised of 3 sessions: 2 days in June, W, Th 19,20 from 8am-1pm, 2 days in July T, W, 9, 10 from 8am-1pm and 6 days July 31, Aug 1, 2, 5, 6, 7, W, Th, F, M, T, W from 8 to noon. Athletes will get a reversible practice jersey. The purpose is to prepare players for tryouts and the season, by working on individual through team skills and by getting and keeping in shape. Athletes are to attend as many dates as possible, but it is understood that family vacations may interfere with some dates. No refunds for missed days. Some scholarships are available for those with financial constraints, see Coach Flory.

TRYOUTS START and ATHLETE COMMITTED - are both on Monday, Aug 12. Tryouts from 2:30-4:30pm and Athlete Committed time TBA (my guess 5:30pm).

FIELD HOCKEY ACTIVITIES CALENDAR - Attached is a draft of this seasons activities. Included is the Spring and Summer Camps and Season schedule. This is to help families plan but realize things may change, especially practice times. NOTE: We have added two Friday Bay Area trips.

DRIVERS NEEDED - We typically only use busses for only three trips, to Davis, Bella Vista and Lassen. All other away trips are parent drivers and vans (if necessary). This year we have added two bay area trips. Parents will transport players Friday, Sep 27th to San Rafael area (8am-11:00pm). For the first trip to the bay, Friday, Sep 20 to San Francisco (10am-11pm), we could obtain a bus at a cost of \$2500 (\$60 per player) or use parent drivers. So I can plan, **PLEASE REPLY** if you think you will be able to drive one or both of those days.

COSTS and FUNDRAISERS - Each year we do a clothing order which players and their families may participate in. Prices are approximate, Jackets (\$35-40), Shirts (\$15-20), Cancer Awareness Game Jersey (\$15). A transportation donation usually \$60 but would double if we get a bus for Sep 20. Players are expected to sell 10, \$20 Car Raffle tickets which provides money for the whole program to function (balls, sticks, uniforms, goals, goalie gear, tournaments, officials, etc) . We will also work concessions for one home football game (covers the cost of socks).

